

What is claimed is:

1. A food storage unit, comprising:

a container comprising a container top, a container bottom, an inner wall and an outer wall, said inner and outer walls forming a hollow channel therebetween, said hollow channel including a label container area that is accessible by a user for the insertion of a label therein; and

a lid that may be fixably attached to said container top to seal said container CLOSED.

2. The food storage unit of claim 1, wherein said container further comprises:

at least one hollow channel barrier positioned between said inner wall and said outer wall which limits the depth of said hollow channel.

3. The food storage unit of claim 1, wherein only one side of said hollow channel is accessible by said user for said insertion of said label.

4. The food storage unit of claim 1, wherein said container further comprises:

a hollow channel barrier positioned on one side of said container between said inner wall and said outer wall that limits the depth of said hollow channel and provides a surface that said labels rest upon after being inserted into said label container area.

5. The food storage unit of claim 1, wherein said hollow channel includes a portion that is inaccessible by said user, said container further comprising:

an insulating material located within said inaccessible portion of said hollow channel.

6. The food storage unit of claim 5, wherein container further comprises:

at least one hollow channel barrier positioned between said inner wall and said outer wall, at least a portion of said insulating material being positioned below said hollow channel barrier.

7. The food storage unit of claim 5, wherein said insulating material is Styrofoam.

8. The food storage unit of claim 5, wherein said insulating material is plastic.

9. The food storage unit of claim 1, wherein said container further comprises:

support structure located within said hollow channel that provides additional rigidity to said container.

10. The food storage unit of claim 9, wherein container further comprises:

at least one hollow channel barrier positioned between said inner wall and said outer wall, at least a portion of said support structure being positioned below said hollow channel barrier.

11. The food storage unit of claim 9, wherein said support structure is a cellular support structure.

12. The food storage unit of claim 9, wherein said cellular support structure is formed in a honeycomb pattern.

13. The food storage unit of claim 9, wherein said hollow channel includes a portion that is

inaccessible by said user, said container further comprising:

an insulating material located within said inaccessible portion of said hollow channel.

14. The food storage unit of claim 1, wherein said outer wall is smaller in dimension at said container bottom than at said container top.

15. The food storage unit of claim 1, wherein said outer wall of said label container area comprises a translucent material.

16. The food storage unit of claim 1, wherein said lid further comprises a ridge that is insertable into said hollow channel.

17. The food storage unit of claim 16, wherein said ridge and said hollow channel form a substantially airtight seal when mated together.

18. The food storage unit of claim 1, wherein at least one of said inner wall and said outer wall includes at least one flanged surface that interacts with a portion of said lid to seal said container and said lid together when said lid is CLOSED on said container.

19. The food storage unit of claim 1, wherein said lid further comprises an opening-assistance tab.

20. The food storage unit of claim 1, wherein said container bottom further comprises a unified bottom structure that comprises a single wall.

21. The food storage unit claim 1, wherein said container bottom further comprises a multi-walled bottom consisting of said inner wall and said outer wall.

22. The food storage unit of claim 1, wherein said hollow channel is at least partially filled with a liquid.

23. The food storage unit of claim 1, wherein said hollow channel is at least partially filled with a gas.

24. The food storage unit of claim 1, wherein said lid comprises:

stacking support structure that may be engaged with a container bottom of a food storage container to hold said food storage and said food storage container in alignment relative to each other.

25. A method for storing food comprising:

placing said food in a food storage container, said container comprising a container top, a container bottom, an inner wall and an outer wall, said inner and outer walls forming a hollow channel therebetween, said hollow channel including a label container area;

writing information about said food on a label;

inserting said label in said label container area;

fixably attaching a lid to said container top to seal said label in said label container area and to seal said container CLOSED.